

**Notts Athletic Club
PRESENTS**

**CHRISTMAS RELAYS
& 2K FUN RUN**

(Race Licence No - applied for)

Tuesday 27th December 2016 • Harvey Hadden Stadium, Nottingham
4 x 2.5 miles (approx.) Relays 11am • Fun Run 10.30am

To be eligible for prizes, teams must comprise of **First Claim** runners and,
Stage 1 must be **Veteran** (Male 40+, Female 35+)
Stage 2 **Open** to any runner
Stage 3 must be **Female**
Stage 4 **Open** to any runner

Guest & composite teams welcome but ineligible for main prizes.

Prizes

1st, 2nd & 3rd teams • Fastest Ladies team • Fastest Veterans team • Fastest Family team
Fastest Junior team • B & C teams depending on entries • Spot prizes • Fastest Leg

Selection box to all finishers of the Fun Run • Prize for the best boy & girl fancy dress

Christmas Relays (Age 11 or over) - £24 per team (£30 on the day)

2k Fun Run (Fancy Dress optional) - £3 per person (£5 on the day)

Team Name (Relays only) _____

Affiliated Club (if applicable) _____

Contact Name/Athlete Name (2k) _____

Date of Birth (2k) _____

Address _____

Telephone _____

Email _____

Declaration: I declare that the above information given on this form is correct. I declare that I am medically fit to participate in this event.

Signed: _____ **Date:** _____

To enter online visit www.nottSac.co.uk or www.run-nottingham.co.uk

Closing date for postal entries: Friday 16th December • Closing date for online entries: Tuesday 20th December

To enter by post return this form to Notts AC, Canterbury Mill, Canterbury Road, Nottingham, NG8 1PQ.

Cheques payable to 'Notts 5 & 10'

Vest numbers to be collected on the day from the Notts AC tent on receipt of a team declaration sheet (via email or in person).

Declaration sheets available from the above websites. Email info@nottSac.com or call 0115 985 4289 for queries.

The organisers will not be held responsible for any injury or illness incurred as a result of the event, or for any property lost or stolen, before, during, or after the event. Your email address will be stored the sole use of Notts AC, and will not be passed on to any third parties. We will send any information regarding this event and future events to the email provided. You may unsubscribe at any time via the link on any of these emails.