

Minileague (U11, U13, U15) – Free entry

<http://derbyshireathletics.org.uk/>

Who for? All abilities, experienced and new to the sport. **When?** Saturdays, first event 10am, ends approx 2pm. **Where?** Moorways Stadium, Derby. **How to?** Forms are given out at club training for each one, fill in the events you want to do (three for U13, U15 and two for U11 + relays for all ages). Turn up wearing your white Derby shirt/vest. Register and collect a competition number from the team manager on the day, before the first event.

DADA Tuesdays (U11-Masters)

Who for? All abilities, experienced and new to the sport. **When?** Monthly Tuesday evenings 7-8:30 ish **Where?** Moorways Stadium, Derby. **How to?** Online Entry runjumthrowathletics.co.uk/entries Athletes choose up to two track events (Quadkids 75m, Long Jump, Howler, 600m for U11) for £5. All athletes are graded by ability. Estimated times are used for first-timers in each event. Competition numbers are collected at the meets.

County Championships (All ages)

Who for? All abilities, all ages. **When?** Sat/Sun 14/15 May 2022 **Where?** Moorways Stadium, Derby. **How to?** Online Entries NOW.

Scroll down to 14/15 May in the link below.

<https://www.race-results.co.uk/results/2022/>

There are no entry criteria (except High Jump). Quadkids (75m, Long Jump, Howler Javelin, 600m) is the one-day competition available for U11.

UK YDL Lower (U13/U15) and Upper (U17/U20) Leagues – Free entry

<https://ukydl.org.uk/index.html>

Who for? Team is by selection to involve as many athletes as possible. **When?** Various Saturdays/Sundays **Where?** Various tracks **How to?** Team managers liaise with coaches and contact parents to establish availability and athlete event choices. Wear club shirt/vest.

Northern League – Free entry (U17, U20, Sen, Masters)

<https://www.northernathletics.co.uk/track-field-league/>

Who for? Team is by selection. **When?** Various Saturdays **Where?** Various tracks **How to?** Team managers liaise with coaches and contact athletes (parents if applicable). Let them know you are available by signing up on the club noticeboard. Wear club vest.

How to get selected?

Let coaches and team managers know that you want to compete. Compete in Mini Leagues, DADA and County Champs, and other opens: see calendar.runjumthrowathletics.co.uk. All results are recorded in an athlete profile; see www.thepowerof10.info for all performances.

Team Selection is a team effort with coaches involved, but your key contacts are: **Juniors (U11, U13, U15):** Karl Ponty Email: juniors@derbyathleticclub.co.uk **Inters/Seniors/Masters:** Paul Blakey Email: Coaching@derbyathleticclub.co.uk

Derby Athletic Club needs volunteers like YOU

Can you...?

Help at some coaching sessions? Help at some competitions? Do admin at home to help the club? Help at session registrations? Help in the café? Do you have ideas to improve the club or competitions or anything else that you can give time to?

Any questions, please don't hesitate to ask or pick up a volunteer form in the clubhouse or download from the website to express an interest. <http://derbyathletic.club/committee/club-policies-page/>



Derby Athletic Club - Track and Field Competitions 2022

Month	Day	Date			U11	U13	U15		U17	U20	Senior	Masters	Where ?	Status	
April	Tues	12	DADA	1	y	y	y		y	y	y	Y	Derby	open to all	
	Sat	23	DA MiniLeague	1	y	y	y		y**				Derby	open to all	
	Sun	24	YDL Upper	1					y	y			Derby	by selection	
	Sat	30	Northern Lgue	1					y	y	y	y	Derby	by selection	
May	Tues	3	DADA	2	y	y	y		y	y	y	y	Derby	open to all	
	Sun	8	YDL Lower	1		Y	Y						Burton	by selection	
	Sat	14	County Champs		y	y	y		y	y	y	y	Derby	open to all	
	Sun	15	County Champs			y	y		y	y	y	y	Derby	open to all	
	Sat	21	YDL Lower	2		Y	Y						Derby	by selection	
	Sat	28	DA MiniLeague	2	y	y	y		y**				Derby	open to all	
	Sun	29	YDL Upper	2					y	y			Banbury	by selection	
June	Sat	11	Derbyshire Schs				y		y	y*			Burton	school Y8+	
	Sun	12	Northern Lgue	2					y	y	y	y	Doncaster	by selection	
	Tues	14	DADA	3	y	y	y		y	y	y	y	Derby	open to all	
	Sat	25	DA MiniLeague	3	y	y	y		**				Derby	open to all	
	Sun	26	YDL Upper	3					y	y			Burton	by selection	
July	Sun	3	YDL Lower	3		Y	Y						Mansfield	by selection	
	Fri	8	English Schs				y		y	y*				school Y8+	
	Sat	9	English Schs				y		y	y*				school Y8+	
	Sun	10	Northern Lgue	3					y	y	y	y	Boston	by selection	
	Tues	12	DADA	4	y	y	y		y	y	y	y	Derby	open to all	
	Sat	16	DA MiniLeague	4	y	y	y		y**					open to all	
	Sat	30	YDL Lower	4 (Final)		Y	Y						Milton Keynes	if we qualify	
August	Sat	6	Northern Lgue	4					y	y	y	y	Spinkhill	by selection	
	Sun	7	YDL Upper	4 (Final)					y	y			Milton Keynes	if we qualify	
	Tues	9	DADA	5	y	y	y		y	y	y	y		open to all	
U11 must be nine or older on the day for Minileague. U13, U15, U17 on 31 August 2022															
U20 on 31 December 2022				* U19 for schools			**		U17 can compete in U15 events as non-scoring athletes						