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# DERBYSHIRE MINI LEAGUE

## TRACK & FIELD ATHLETICS

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### 2024 League Rules.

#### DATES

- The Competitions will take place on the following dates:

**Match 1 Saturday 13th April 2024**

**Match 2 Saturday 27<sup>th</sup> April 2024**

**Match 3 Saturday 1<sup>st</sup> June 2024**

**Match 4 Saturday 29<sup>th</sup> June 2024**

All at Moorways Stadium, Derby

- Each Competition will commence at 10am
- Car parking at the stadium is restricted to officials, competition organisers and team managers. All others must use the overspill facility Rolls Royce car parks.

#### ELIGIBILITY

- All competing athletes must be current first-claim members of the club they are representing.
- Competitors must wear their athletic club's colours (vest or identifiable club T-shirt). Competition points will not be awarded and Mini League records cannot be claimed by athletes who are not wearing club colours. **No club colours, no club points.**
- Athletes must be at least 9 years of age on the date of the competition to compete. Children aged 8, 7 and 6 years are only entitled to enter the U9s' 50m non-scoring race.
- In general, the age groups are: U11s - school years 4 and 5, U13s – Yrs 6 and 7, U15s – Yrs 8 and 9.
- U17s may guest in track races except hurdles, where their age group hurdle specification will not be catered for. They may also guest in HJ, LJ and those throwing events where the implements are being used by U13s and U15s. Implements weighted for U17s will not be supplied and used additionally.
- England Athletics affiliated guest clubs who are not a Derbyshire club will compete as non-scorers in the match. Guest athletes who better an existing Mini League record in their age group will have this recorded under Guest Records.

#### SCORING

- Match points will be awarded in each event as follows:

Individual events: 1<sup>st</sup> 10 pts; 2<sup>nd</sup> 9 pts; 3<sup>rd</sup> 8 pts; 4<sup>th</sup> 7 pts; 5<sup>th</sup> 6 pts; 6<sup>th</sup> 5 pts; 7<sup>th</sup> 4 pts; 8<sup>th</sup> 3 pts; 9<sup>th</sup> 2 pts; 10<sup>th</sup> 1 pt.

Relays: 10 pts; 8 pts; 6 pts; 4 pts; 2 pts.

- League points will be allocated according to the number of eligible teams competing in each match as follows (for a 5 club competition):

1<sup>st</sup> 5pts; 2<sup>nd</sup> 4pts; 3<sup>rd</sup> 3pts; 4<sup>th</sup> 2pts; 5<sup>th</sup> 1pt.

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### OFFICIALS

- Participating clubs must provide Team Managers and Officials at each event. Each club should provide at least one timekeeper and one track judge. Each participating club will be allocated a field event and should provide a team of sufficiently qualified people to run the event (minimum one Level 2). See rota on page 4. Any problems must be notified before the event and not on the day.

### FORMAT

- Two competitors from each athletic club will be eligible to score in each individual event and one team from each athletic club will be eligible to score in a relay.
- Track events will be run in one or more races (heats) dependent on the number of competitors. The allocation of points towards the team score will be as follows: in the case of there being only one race, the points are based on the order returned by the track judges; where there is more than one heat, the points are based on performances (regardless of the finishing position in the heat), i.e. a time-trial, with points shared in the event of scoring athletes recording the same time.
- The allocation of points towards the team score in field events will be based on the best performance of each athlete as reported back by the field judges.
- Under 11 girls and boys may only compete in a maximum of **three events plus a relay**. They cannot take part in any other events, even as a non-scorer.
- Under 13 and Under 15 girls and boys may only compete in a maximum of **three events plus a relay**. They cannot take part in any other events, even as a non-scorer.
- If a club does not have the 4 required athletes in one age group / gender category to make up a **scoring relay team** it is acceptable to allow one athlete from a lower age group to be brought into that team in order for a full scoring team to compete eg 3 x U15G + 1 x U13G to make up a team in the U15G 4 x 100m relay, 3 x U13B + 1 x U11B to make up a team in the U13B relay. This rule does not apply to U11 teams. The 'one relay' rule still applies – athletes are not allowed to compete in a relay in their age group *and* contest a relay outside their age group. In doing so, and in the spirit of Mini League, clubs should not seek to gain an unfair advantage by tactically combining athletes of different age groups.
- Non-scoring 50m races will be held for the under 9s. They may not score or guest in any other event. Races will be held for youngsters aged 6, 7 and 8 years of age on the day only. Names and numbers must be registered on the day by 10.30am. Finishing positions will be recorded but not times.
- **Any competitor competing in more than the allowed number of events will automatically be classed as a non-scorer in all the events in which they may have participated.**
- Competitors must wear clearly visible identification numbers (see below).
- All competitors will be allowed three trials in field events, with the exception of high jump.
- There is no limit to the number of competitors that can be declared by a club although large numbers have an obvious time impact on the whole meeting.
- Clubs are to allocate a permanent number to each athlete which should be retained throughout the season. All athletes are potential scorers in all events with the best two to score. Additional number ranges will be allocated if necessary. Clubs must purchase their own stock of numbers.

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- A scoring relay for the purposes of the team competition must include athletes from the same club of the same gender and age group to count (exception as in the rule above). Non scoring relay teams may consist of male and female athletes and / or those of differing age groups and / or from different clubs in order to give all athletes the opportunity to compete in a relay. The number of teams and age groups must be declared by team managers by 1pm. Teams should muster in leg order on the HJ fan prior to dispersal.

1 – 99 and 700 - 799	Amber Valley & Erewash AC
100 – 199 and 500 - 599	Derby AC
200 – 299 and 400 – 499	Chesterfield DAC
300 – 350	Cannon Events
351 - 399	Heanor RC
600 - 650	Matlock AC
651 – 699	Buxton AC
800 – 899	High Peak AC
900 – 999	Guests

### AWARDS

- Where an existing League record has been bettered during the course of the 2024 season (provided it is still in place by the end of match 4) the athlete or relay team will be awarded a ‘Record Breakers’ medal. Medals will not be awarded for equalling an existing record, bettering one’s own existing record or in those events where the competition season sees the introduction of a new discipline or where national guidelines change implement specifications.
- An annual trophy will be awarded to the best overall team of the season at the completion of the final competition. This trophy will be retained until the final event of the following season. It is each Team Manager’s responsibility to return trophies when required.
- The Mini League ‘Plate’ competition gives the county’s smaller clubs their own ‘league within a league’. Any club with a junior section that is not wholly based at a competition or training standard track is eligible.

### INFORMATION FOR TEAM MANAGERS

- Team managers are responsible for making sure that their members report to their event when called. Please ensure that your athletes are well behaved and set a good example.
- Event running orders should be provided to parents by their own club.
- Athletes will pay £5 per competition (£6 per guest athlete). Clubs will be invoiced for the total amount after the final fixture of the season.
- It is each team manager’s responsibility to ensure that each athlete is wearing their allocated competitor number and to ensure numbers are available at each fixture. Athletes should be told to keep their competitors numbers in good condition and to bring with them each fixture wherever possible. Organisers will not supply spare or replacement numbers.
- Team managers must submit a declaration sheet to the results team before the start of each fixture showing allocated numbers to each athlete. Additional athletes, i.e. newly allocated numbers, should be high-lighted to assist the results team. It is not necessary to declare names and events as the top 2 performances per club will be automatically calculated. Undeclared competitors who take part in an event will not be eligible to earn team points.

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- It is each team manager's responsibility to ensure that competitors who are called away from field events to track races return immediately for their outstanding trials, provided the competition is still in progress.
- U17s can guest but clubs should restrict numbers. Including large numbers of U17s will have time implications for the whole programme. **U17s must be clearly indicated on the declaration form.**
- Results, running orders and other information will be available on the Derbyshire website [derbyshireathletics.org.uk](http://derbyshireathletics.org.uk) and other social media platforms.

### Young Athletes Inter-Counties Competition

This annual match for U13 and U15 athletes will take place on 14<sup>th</sup> September 2024. Athletes will be selected predominantly from their performances at Mini League matches and athletes must have competed in at least 1 Mini League track and field fixture in the competition year to be considered. Results from the Derbyshire and Nottinghamshire County Championships may also be taken into consideration. Athletes are advised to contest a range of events at Mini League to maximise selection opportunities.

### Derbyshire Mini League Programme Track and Field Season 2024

	<u>Under 11 Girls</u>	<u>Under 13 Girls</u>	<u>Under15 Girls</u>	<u>Under 11 Boys</u>	<u>Under 13 Boys</u>	<u>Under 15 Boys</u>
Match 1	75m, 150m, 600m, High Jump, Howler Jav 4 x 100m relay	70m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus, 4 x 100m relay	75m,150m, 600m, Long Jump, Howler Jav, 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus 4 x 100m relay	80m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus, 4 x 100m relay
Match 2	75m, 150m, 600m, Long Jump, Howler Jav, 4 x 100m relay	70m Hurdles, 100m, 200m, 1500m, High Jump, Shot, Javelin 4 x 100m relay	75m Hurdles, 100m, 300m, 1500m, Long Jump, Shot, Javelin, 4 x 100m relay	75m, 150m, 600m, High Jump, Howler Jav, 4 x 100m relay	75m Hurdles, 100m, 200m, 1500m, Long Jump, Shot, Javelin 4 x 100m relay	80m Hurdles, 100m, 300m, 1500m, High Jump, Shot, Jav, 4 x 100m relay
Match 3	75m, 150m, 600m, High Jump, Howler Jav 4 x 100m relay	70m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus, 4 x 100m relay	75m, 150m, 600m, Long Jump, Howler Jav 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus 4 x 100m relay	80m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus, 4 x 100m relay
Match 4	75m, 150m, 600m, Long Jump, Howler Jav, 4 x 100m relay	70m Hurdles, 100m, 200m, 1500m, High Jump, Shot, Javelin 4 x 100m relay	75m Hurdles, 100m, 300m, 1500m, Long Jump, Shot, Javelin, 4 x 100m relay	75m, 150m, 600m, High Jump, Howler Jav, 4 x 100m relay	75m Hurdles, 100m, 200m, 1500m, Long Jump, Shot, Javelin 4 x 100m relay	80m Hurdles, 100m, 300m, 1500m, High Jump, Shot, Jav, 4 x 100m relay

#### Anti-Doping Codes.

To comply with UKA anti-doping codes event organizers, in this case Derbyshire Athletics, needs to include the following statement. Clubs may like to ensure that this statement goes on their information to athletes about Mini League.

*All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.*

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The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether or not the entrant is a citizen of, or resident in, the UK.

## Rota for Field Officiating Responsibility

	Match 1	Match 2	Match 3	Match 4
<b>HJ</b> (then move to <b>U11 Howler Jav</b> once HJ is finished,	Buxton, Heanor, High Peak, Matlock, Cannon	AVEAC	CDAC	Derby AC
<b>LJ</b>	Derby AC	Buxton, Heanor, High Peak, Matlock, Cannon	AVEAC	CDAC
<b>Shot</b>	CDAC	Derby AC	Buxton, Heanor, High Peak, Matlock, Cannon	AVEAC
<b>Discus</b>	AVEAC	N/A	Derby AC	N/A
<b>Javelin</b>	N/A	CDAC	N/A	Buxton, Heanor, High Peak, Matlock, Cannon

Please note that discus and javelin WILL NOT take place unless there is at least one qualified official to Level 2 present on that event. All Field Officials must have attended an H&S course to operate within the throwing sectors (including the shot).

Field events will be cancelled if there are no officials to run the event in a suitably qualified manner.

Clubs should come prepared to officiate on the field events above. Spare or additional officials / volunteers may be used on other disciplines.

Field officials should note that whilst the Mini League format is quite informal by nature, we cannot allow field events to be held over *indefinitely* whilst waiting for athletes to return from other events (and certainly never lowering the HJ bar for those returning). Field judges should, wherever possible, allow for registered athletes to return within a suitable period of time. If in doubt please ask the Field Referee or myself for clarification.

Julie King  
Mini League Secretary  
07980 346909  
[jfeeney24@outlook.com](mailto:jfeeney24@outlook.com)