

Derby Athletic Club – overall records

Women's track and field

Event	Name	Date	Place	Performance
100m	Lynn Parry	1983		11.5 secs
200m	Lynn Parry	1984		23.8 secs
400m	Ella Blakey	2023/05	Manchester	54.43 secs
800m	Molly Hudson	2026/01	Cardiff	2 mins 03.93s i
1500m	Molly Hudson	2026/01	Sheffield	4 mins 10.02s i
One mile	Molly Hudson	2024/01	Boston, USA	4 min 30.92s i
3000m	Julie Laughton	1986		9 mins 09.59s
5000m	Sarah Bourne	2025/06	Birmingham	17 mins 20.8 s
3000m s/c	Bethan Hudson	2023/07	Doncaster	12 mins 38.5s
100m hurdles	Yasmin Miller	2014/07	Eugene, USA	13.13 secs
400m hurdles	Lynn Parry	1988		58.41 secs
Long Jump	Fiona May	1989		6.98 metres
Triple Jump	Naomi Reid	2016/07	Bedford	13.03 metres
High Jump	Marion Hughes	1986		1.83 metres
Pole Vault	Hanna Kilmentova	2019/08	Rotherham	2.80 metres
Shot	Rebecca Peake	2003		14.71 metres
Discus	Susan Campbell	1969		44.30 metres
Javelin 600 (<1999 spec)	Karen Martin	1997	Loughborough	57.72 metres
Javelin 600 (1999> spec)	Karen Martin	2001	Cosford	59.50 metres

Hammer	Kelse Hutchinson	2022/05	Derby	55.71 metres
Heptathlon	Suzzanne Palmer	2016/05	Bedford	4845 points
One hour (track)	Julie Laughton	1980		16.4kms
4x100m R	Julie Gummerson Lynn Parry Debbie Baker Christine Chambers	1988		46.9 secs
4x400m R	Caroline Wildey Julie Gummerson Helen Urquart Lynn Parry	1988		3 mins 49.1s

Women's road running

Event	Name	Date	Place	Performance
5k	Eleanor Stevens	2009/10	Derby	16 mins 47s
10k	Wendy Farrow	1998		34 mins 47s
1 mile	Eleanor Stevens	2009/04	Derby	4 mins 49s
5 miles	Wendy Farrow	1999/11	Wolverton	27 mins 58s
10 miles	Abbey Van Dijk	2022	Derby	59 mins 48s
Half mar	Wendy Rothenbaugh	1995		79 mins 25s
20 miles	Rachel Naylor	2018/03	Knighton	2hrs 14 mins 27s
Marathon	Abbey Van Dijk	2021/05	Boston	2hrs 47mins 35s

Men's track and field

Event	Name	Date	Place	Performance
100m	Steve Fletcher	1990		10.3 secs
	Russell Boaler	1987/05	Stoke	10.49 secs
200m	Steve Fletcher	1990		21.0 secs
	Russell Boaler	1987/05	Stoke	21.36 secs
	Jake James	2013/08	Bedford	21.36 secs
400m	David Naismith			47.11 secs
800	Richard Weir	2012/08	Stretford	1 min 50.67s
1500	Richard Weir	2015/06	Watford	3 mins 41.93s
3000m	Ben Connor	2017/07	Cork	7 mins 54.01s
5000m	Ben Connor	2019/07	London	13 mins 19.47s
10000m	Ben Connor	2022/05	London	27 mins 51.82s
3000m S/c	Luke Gunn	2010/07	Gateshead	8 mins 28.48s
One mile	Alberto Sanchez	2013/07	Dublin	3 mins 57.97s
110m hurdles	Phil Harries	1988		14.8 secs
400m hurdles	Phil Harries	1988	Derby	50.01 secs
Long Jump	Simon Roper	2005/05	Mansfield	7.45 metres
Triple Jump	Chris Cohen	1973		14.75 metres
High Jump	Jonathon Heath	2015/07	Derby	2.10 metres
Pole Vault	G Calladine	1954		3.65 metres
Shot	James Cottrell	2003/09	Abingdon	14.17 metres
Discus	Marcus Francis	2014/04	Derby	50.07 metres
Javelin 800 (<1986 spec)	Joe Walker	1976/04	Peterborough	60.20 metres

Javelin 800 (1986>spec)

	Matt Atkins	1995/04	Derby	64.68 metres
Hammer	Nick Walker	1992/05	Derby	56.06 metres
4x100m R	Chris Cholerton Phil Harries J Manning Steve Fletcher	1993		41.5 secs
4x400m R	P Wood Phil Harries Chris Cholerton Steve Fletcher	1993		3 mins 15.1s
10miles (track)	Dom Keily	1966		50 mins 7s
1 hour (track)	Clive Toplass	1983		11 miles 545y
2 hours (track)	Peter Calladine	1969		22 miles 100y
40miles (track)	Arthur Keily	1957		4hrs 5min 55s

Men's Road Running

Event	Name	Date	Place	Performance
5k	Ben Connor	2025/08	Kingsley	13 mins 38 secs
10k	Ben Connor	2020	Valencia	28 mins 10 secs
1 mile	Luke Gunn	2013/06	London	4 mins 07 secs
5 miles	Nick Lees	1979/09	Sparkhill	22 mins 43 secs
10 miles	Ben Connor	2025/09	Amsterdam	46 mins 21 secs
20 miles	Harry Leeming	1974	Finchley	1hr 39min 18s
30 miles	Arthur Keily	1956	London	2hrs 50min 49s
100 miles	Arthur Mail	1959	London	13hr 17min 32s
Half mar	Ben Connor	2020	Antrim	60 mins 55s
Marathon	Ben Connor	2025/12	Valencia	2hrs 10min 49s