

Derby Athletic Club:

Women's indoor track and field age group records

UNDER 11 GIRLS

60m	Nicola Lapczuk	1993		9.10 secs
Long jump	Nicola Lapczuk	1993		3.70 metres

UNDER 13 GIRLS

60m	Yasmin Miller	2007/12	Sheffield	8.18 secs
150m	Yasmin Miller	2006/12	Sheffield	20.51 secs
200m	Yasmin Miller	2008/02	Birmingham	25.58 secs
800m	Joanne Colegate	1990		2 mins 31.4 s
	Michelle Cantrill	1990		2 mins 31.4 s
60 hurdles	Yasmin Miller	2007/12	Sheffield	9.19 secs
High jump	Julie Neal	1978		1.30 metres
Long jump	Kelly Williamson	1992		4.63 metres
Shot	Maizie Kennedy	2023/03		8.56 metres

UNDER 15 GIRLS

60m	Yasmin Miller	2009/02	Birmingham	7.71 secs
150m	Yasmin Miller	2009/11	Sheffield	18.81 secs
200m	Yasmin Miller	2009/02	Birmingham	24.85 secs
400m	Carol Avery	1974		60.4 secs
600m	Lorraine Adey	1983	Cosford	1 min 51.1 s
800m	Susan Riley	1982	Cosford	2 mins 23.7 s
1500m	Wendy Wright	1983	Cosford	4 mins 35.2 s
60 hurdles	Yasmin Miller	2008	Sheffield	8.99 secs
High jump	Fiona May	1983		1.65 metres
Long jump	Fiona May	1983		5.96 metres

Triple Jump	Charlotte Jones	2014/03	Birmingham	11.16 metres
Shot	Ruby Arnold	2026/02	Sheffield	10.94 metres
Pentathlon	Amanda Gray	1993		3065 points

UNDER 17 GIRLS

60m	Yasmin Miller	2011/01	Sheffield	7.66 secs
150m	Kaylah McKenzie	2024/11	Sheffield	18.84 secs
200m	Yasmin Miller	2010/02	Birmingham	24.80 secs
300m	Caitlin Hadfield	2025/01	Sheffield	40.93 secs
400m	Deana Harker	1988		59.2 secs
600m	Kaye Bentley	1976		1 min 43 secs
800m	Susan Riley	1985	Cosford	2 mins 12.13 s
1000m	Lisa Winfield	1983		3 mins 14 secs
1500m	Wendy Wright	1985	Cosford	4 mins 29.77 s
60 hurdles	Yasmin Miller	2012/02	Birmingham	8.45 secs
High jump	Kathryn Warren	1975		1.69 metres
Long jump	Fiona May	1986		5.96 metres
Triple jump	Charlotte Jones	2015/02	Birmingham	11.49 metres
Shot (3kg)	Hannah Barnden	2018/03	Sheffield	12.83 metres
Shot (4kg)	Rebecca Peake	1998		11.33 metres
Pentathlon	Hannah Barnden	2018/03	Sheffield	3536 Points

UNDER 20 WOMEN

60m	Christine Chambers	1987	Cosford	7.50 secs
150m	Suzzanne Palmer	2011/11	Sheffield	19.35 secs
200m	Victoria Shipman	1996	Cosford	24.68 secs
300m	Adele Bailey	1996	Cosford	44.4 secs
400m	Amanda Gray	1998	Cosford	60.2 secs

60 hurdles	Yasmin Miller	2013/02	Sheffield	8.25 secs
High jump	Kerry Saunders	1996		1.71 metres
Long jump	Fiona May	1989	Cosford	6.42 metres
Triple jump	Naomi Reid	2012/02	Birmingham	12.22 metres

SENIOR WOMEN

60m	Christine Chambers	1992	Cosford	7.46 secs
200m	Lauren Blakey	2024/01	Sheffield	24.33 secs
300m	Ella Blakey	2024/01	Sheffield	38.97 secs
400m	Ella Blakey	2024/01	Sheffield	54.79 secs
600m	Diana Peake	1976		1 min 36.2 s
800m	Molly Hudson	2026/01	Cardiff	2 mins 03.93s
1000m	Eleanor Stevens	2005/11	Sheffield	2 mins 50.0s
1500m	Molly Hudson	2026/01	Sheffield	4 mins 10.02s
One mile	Molly Hudson	2024/01	Boston, USA	4 mins 30.92s
2000m	Eleanor Stevens	2005/12	Sheffield	6 mins 14.0s
3000m	Molly Hudson	2024/12	Boston, USA	9 mins 17.55s
60 hurdles	Yasmin Miller	2015/02	Sheffield	8.18 secs
High jump	Gillian Howard	1992	Cosford	1.81 metres
Long jump	Fiona May	1991	Cosford	6.61 metres
Triple jump	Naomi Reid	2012/02	Birmingham	12.22 metres
Shot (4kg)	Suzzanne Palmer	2016/01	Sheffield	12.03 metres

FEMALE MASTERS OVER 35

600m	Stephanie Spencer	2011/12	Sheffield	1 min 56.05s
800m	Stephanie Spencer	2012/03	Lee Valley	2 mins 35.56s
1000m	Stephanie Spencer	2011/11	Sheffield	3 mins 27.88s
1500m	Stephanie Spencer	2012/03	Lee Valley	5 mins 13.98s

FEMALE MASTERS OVER 40

800m	Lisa Palmer-Blount	2018/03	Madrid	2 mins 17.17s
1500m	Stephanie Spencer	2013/02	Birmingham	5 mins 14.25s
3000m	Lisa Palmer-Blount	2018/03	Madrid	10 mins 04.45s

FEMALE MASTERS OVER 45

3000m	Stephanie Spencer	2019	Sheffield	11 mins 29.96s
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FEMALE MASTERS OVER 50

800m	Stephanie Spencer	2023	Sheffield	3 mins 01.41s
1500m	Stephanie Spencer	2023	Sheffield	6 mins 03.62s
3000m	Stephanie Spencer	2023	Sheffield	12 mins 43.29s