

Derby Athletic Club

Women's outdoor track and field age group records

UNDER 11 GIRLS

75m	Natalie Morrisey	1999		10.4 secs
80m	Nicola Lapczuk	1993		11.4 secs
100m	Nicola Lapczuk	1993		14.1 secs
150m	Natalie Morrisey	1999		20.4 secs
200m	Nicola Lapczuk	1993		29.8 secs
400m	Shelley Bradley	1983		77.3 secs
600m	Sophie Robertson-Dover	2018/07	Derby	1 min 50.31 s
800m	Nicola Gibson	1981		2 mins 42.4 s
1500m	Nicola Gibson	1981		5 mins 22.0 s
One mile	Collette Gardner	1999		6 mins 55.0 s
55m hurdles	Jodie Hammond	1999		13.3 secs
70m hurdles	Claire Poutney	1992		15.2 secs
75m hurdles	Rachel Hall	1980		16.7 secs
High jump	Mae Emery	2007/04	Derby	1.18 metres
Long jump	Nicola Lapczuk	1993		4.01 metres
Triple jump	Emily Marshall	1998		7.35 metres
Discus 1Kg	Janine Harding	1993		12.88 metres
Javelin 600g	Nicola Lapczuk	1993		13.12 metres
Howler Jav	Sophie Robertson-Dover	2018/06	Derby	33.13 metres
Shot 2.72Kg	Janine Harding	1994		5.74 metres

Shot 3.25Kg	Janine Harding	1993	5.17 metres
Pentathlon (1985 tables)			
	Alison Rhodes	1974	1771 points
4 x 100m relay			
	Esther Blunsden	1992	60.9 secs
	Elizabeth Wheeler		
	Nicola Lapczuk		
	Claire Poutney		

UNDER 13 GIRLS

75m	Yasmin Miller	2007/04	Tamworth	9.67 secs
100m	Yasmin Miller	2007/04	Loughborough	12.4 secs
150m	Yasmin Miller	2007/07	Derby	19.4 secs
200m	Yasmin Miller	2007/09	Grimsby	26.3 secs
400m	Joanne Marshall	1984		62.9 secs
600m	Heidi Birtwistle	2024/04	Derby	1 min 47.46 s
800m	Nicola Clayton	1988	Gateshead	2 mins 23.1 s
1200m	Joyce Lenton	2025/06	Burton	3 mins 59.6 s
1500m	Jasmine Cooper	2013/08	Stoke	4 mins 55.5 s
One mile	Joyce Lenton	2025/08	L'borough	5 mins 20.76 s
70m hurdles	Yasmin Miller	2007/08	Derby	11.2 secs
75m hurdles	Lynn Parry	1977		12.5 secs
	Kelly Williamson	1992		12.5 secs
High jump	Shelley Bradley	1985		1.55 metres
Long jump	Fiona May	1982		5.34 metres
Triple jump	Ashlea Stevenson	1998		8.18 metres

Discus 1Kg	Megan Hancock	1992		21.54 metres
Discus 0.75Kg	Kelse Hutchinson	2007/09	Solihull	25.27 metres
Javelin 600g	Michelle Harrison	1991		22.58 metres
Javelin 400g	Amy Morse	2015/09	Derby	24.98 metres
Shot 3.25Kg	Kelse Hutchinson	2007/04	Derby	9.94 metres
4 x 100m r	Kelly Williamson Anita Hawkes Julie Guildford Elizabeth Summers	1992		55.2 secs

UNDER 15 GIRLS

100m	Yasmin Miller	2009/08	Bedford	12.16 secs
200m	Yasmin Miller	2009/08	Bedford	25.23 secs
300m	Caitlin Hadfield	2023/08	Middlesbrough	41.5 secs
400m	Caitlin Hadfield	2023/07	Derby	59.68 secs
800m	Olivia Lee	2025/05	York	2 mins 14.29 s
1500m	Olivia Lee	2025/08	Birmingham	4 mins 29.55 s
3000m	Olivia Lee	2025/08	Loughborough	9 mins 59.7 s
One mile	Jasmine Cooper	2016/08	Corby	5 mins 05.0 s
75m hurdles	Yasmin Miller	2009/07	Sheffield	11.04 secs
High Jump	Fiona May	1983		1.72 metres
Long Jump	Fiona May	1983		6.30 metres
Triple Jump	Charlotte Jones	2013/05	Nottingham	10.74 metres
Pole Vault	Nadine Gardener	2007/04	Loughborough	1.85 metres
Discus	Ruby Arnold	2026/02	Leigh	36.07 metres

Javelin (<1999 spec)				
	Geraldine Cresswell	1981		37.98 metres
Javelin 500g	Rebekah Walton	2014/08	Bedford	44.81 metres
Hammer	Suzzanne Palmer	2007/05	Derby	21.86 metres
Shot	Ann Kidger	1971		11.77 metres
Pentathlon	Patricija Nemanyte	2019/08	York	3119 points
4 x 100m	Jackie Walters Serena Woodhouse Beth Parkin Rebecca Lunn	1995		50.6 secs

UNDER 17 GIRLS

100m	Jackie Walters	1998		11.82 secs
200m	Joanne Colegate	1993		24.75 secs
300m	Caitlin Hadfield	2025/07	Birmingham	38.81 secs
400m	Caitlin Hadfield	2025/08	Derby	55.10 secs
800	Wendy Wright	1983		2 mins 13.9 s
1500	Wendy Wright	1984		4 mins 25.6 s
One mile	Jasmine Cooper	2017/08	Corby	5 mins 04.9 s
3000m	Wendy Wright	1984		9 mins 43.8 s
1500 s/c	Katie Gardner	2023/08	Birmingham	5 mins 02.25 s
80m hurdles	Yasmin Miller	2010/08	Bedford	11.02 secs
100m hurdles	Yasmin Miller	2011/06	Bedford	13.64 secs
300m hurdles	Amanda Gray	1995		44.42 secs
400m hurdles	Abby Glover	2007/06	Liverpool	65.96 secs
High Jump	Gillian Howard	1985		1.73 metres

Long Jump	Fiona May	1986		6.47 metres
Triple Jump	Naomi Reid	2010/08	Bedford	12.23 metres
Pole Vault	Nadine Gardner	2008/05	Loughborough	2.40 metres
Discus	Michelle Cullen	1986		41.02 metres
Javelin (<1999 spec)	Karen Martin	1991/08	London	45.44 metres
Javelin 600g	Nadine Gardner	2008/06	Loughborough	37.03 metres
Javelin 500g	Rebekah Walton	2014/08	Bedford	44.81 metres
Hammer	Jenna Winson	2007/07	Tipton	42.53 metres
Shot	Michelle Harrison	1995		11.61 metres
Heptathlon	Hannah Barnden	2018/06	Abingdon	4823 points
4 x 100m R	Debbie Baker Julie Beardmore Carol Tavernier Sarah Clayton	1978		49.7 secs

UNDER 20 WOMEN

100m	Christine Chambers	1988		11.75 secs
200m	Victoria Shipman	1995		24.08 secs
400m	Helen Urquhart	1987		55.04 secs
800m	Wendy Wright	1986		2 mins 09.1 s
1500m	Wendy Wright	1987		4 mins 14.5 s
One mile	Sarah Bull	1994		5 mins 8.1 s
3000m	Wendy Wright	1986		9 mins 20.9 s
1500m s/c	Katie Gardner	2024/06	Burton	4 mins 57.9 s

2000m s/c	Katie Gardner	2024/06	Loughboro'	6 mins 57.22s
100m hurdles	Yasmin Miller	2014/07	Eugene	13.13 secs
400m hurdles	Abby Glover	2007/06	Liverpool	65.96 secs
High Jump	Gillian Howard	1987		1.73 metres
Long Jump	Fiona May	1988		6.88 metres
Triple Jump	Naomi Reid	2011/07	Gateshead	12.79 metres
Pole Vault	Nadine Gardner	2010/05	Derby	2.70 metres
Discus	Michelle Cullen	1986		41.02 metres
Javelin (<1999 spec)	Karen Martin	1992/07	Stoke	55.72 metres
Javelin 600g	Rebekah Walton	2017/07	Bedford	46.59 metres
Shot	Rebecca Peake	2001		14.34 metres
Hammer	Jenna Winson	2009/07	Stoke	46.79 metres
Heptathlon	Patricia Nemanyte	2022/09	Bedford	4377 points
4x100m R	Anissa Dickenson Adele Bailey Emma Stanley Victoria Shipman	1995		48.7 secs
4x400m R	Aimee Booth Natalie Morrissey Eleanor Stevens Lauren Caple	2003/09	Cleckheaton	4 mins 02.3 s

SENIOR WOMEN

100m	Lynn Parry	1983		11.5 secs
200m	Lynn Parry	1984		23.8 secs
400m	Ella Blakey	2023/05	Manchester	54.43 secs

800	Molly Hudson	2023/06	L'borough	2 mins 04.51 s
1500	Cherry Hanson	1978		4 mins 11.62 s
One mile	Cherry Hanson	1977		4 mins 38.8 s
3000m	Julie Laughton	1986		9 mins 09.59 s
5000m	Sarah Bourne	2025/06	Birmingham	17 mins 20.8 s
3000m s/c	Bethan Hudson	2023/07	Doncaster	12 mins 38.5 s
100m hurdles	Yasmin Miller	2014/07	Eugene	13.13 secs
400m hurdles	Lynn Parry	1988		58.41 secs
Long Jump	Fiona May	1989		6.98 metres
Triple Jump	Naomi Reid	2016/07	Bedford	13.03 metres
High Jump	Marion Hughes	1986		1.83 metres
Pole Vault	Hanna Kilmentova	2019/08	Rotherham	2.80 metres
Shot	Rebecca Peake	2003		14.71 metres
Discus	Susan Campbell	1969		44.30 metres
Javelin 600 (<1999 spec)	Karen Martin	1997	Loughborough	57.72 metres
Javelin 600 (1999> spec)	Karen Martin	2001	Cosford	59.50 metres
Hammer	Kelse Hutchinson	2022/05	Derby	55.71 metres
Heptathlon	Suzzanne Palmer	2016/05	Bedford	4845 points
One hour (track)	Julie Laughton	1980		16.4kms
4x100m R	Julie Gummerson Lynn Parry Debbie Baker Christine Chambers	1988		46.9 secs

4x400m R	Caroline Wildey Julie Gummerson Helen Urquart Lynn Parry	1988		3 mins 49.1 s
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FEMALE MASTERS OVER 35

100m	Julie Money	2000		12.4 secs
200m	Julie Money	2000		25.64 secs
400m	Steph Spencer	2012/05	Nottingham	66.8 secs
800m	Jackie Jackson	1990		2 mins 24.8 s
1500m	Jill Cunningham	1997		4 mins 39.7 s
One mile	Jill Cunningham	1999		5 mins 21.0 s
3000m	Jackie Jackson	1990		10 mins 19.8 s
5000m	Jill Cunningham	1997		17 mins 56.4 s
2000m s/c	Chrissie Dover	2018/08	Birmingham	8 mins 03.98s
100m hurdles	Eileen Mander	1982		18.5 secs
400m hurdles	Eileen Mander	1981		63.4 secs
Long Jump	Eileen Mander	1982		4.45 metres
High Jump	Chrissie Dover	2018/06	Sheffield	1.50 metres
Discus	Eileen Mander	1982		23.40 metres
Javelin 600 (<1999 spec)	Diana Peake	1988		18.90 metres
Javelin 600 (<1999 spec)	Gerry White	2004/09	Abingdon	29.98 metres
Shot	Diana Peake	1989		8.72 metres

FEMALE MASTERS OVER 40

100m	Sarah Holford	2014/06	Nuneaton	14.7 secs
200m	Sarah Holford	2014/06	Nuneaton	30.8 secs
400m	Sarah Holford	2014/07	Birmingham	67.61 secs
800m	Lisa Palmer-Blount	2018/06	Sheffield	2 mins 16.1 s
1500m	Lisa Palmer-Blount	2018/06	Loughborough	4 mins 32.68 s
One mile	Jill Burke	2003/08	Nottingham	5 mins 39.0 s
3000m	Lisa Palmer-Blount	2018/08	Loughborough	9 mins 51.26 s
5000m	Lisa Palmer-Blount	2018/06	Manchester	17 mins 33.73s
10000m	Steph Spencer	2014/09	Birmingham	41 mins 13.78s
100m hurdles	Diana Peake	1991		20.4 secs
400m hurdles	Diana Peake	1990		80.4 secs
Discus	Gerry White	2007/06	Scunthorpe	18.62 metres
Javelin 600	Gerry White	2007/06	Scunthorpe	28.95 metres
Shot	Diana Peake	1992		8.36 metres

FEMALE MASTERS OVER 45

400m	Tracy Hinxman	2019/05	Cheltenham	70.9 secs
800m	Tracy Hinxman	2018/09	Gloucester	2 mins 28.8 s
1500m	Tracy Hinxman	2019/06	Derby	5mins 01.18 s
One mile	Tracy Hinxman	2019/08	Loughborough	5 mins 26.98 s
3000m	Tracy Hinxman	2020/09	Loughborough	10 mins 36.09s
5000m	Tracey Greenway	2011/06	Leicester	19 mins 08.4 s
400m hurdles	Sylvia Clarkson	1993		93.9 secs